

Playing It Safe
Standard 3 READINESS Kindergarten
3CH-R2 PO 1

EQUIPMENT: List of Safe and Unsafe Behavior Pictures

SET-UP: Open area for running in place.

WARM UP: Briefly talk about the importance of knowing what safe and unsafe (harmful) behaviors are. Share examples of safe and harmful behaviors (crossing in the crosswalk, running into the street without looking, wearing/not wearing a seatbelt, taking something that looks like candy from the medicine cabinet, letting your little brother go outside by himself, etc)

OBJECT OF THE ACTIVITY: Participants identify safe and unsafe (harmful) behaviors; Learning that following the **Trustworthiness and Responsibility** Pillars can help “Keep Us Safe”.

ACTIVITY GUIDELINES: Participants scatter around the open area. The Leader describes a safe or harmful behavior. On the “go signal” the participants jog in place with a smile if the behavior is safe; they freeze and look down at the floor if the behavior is not safe. After each description briefly talk about how the person was or was not being trustworthy and/or responsible. Participants can also describe behaviors for the rest of the group to analyze as safe or harmful.

FOLLOW-UP: Use activity as a lead-in to discussions about the importance of knowing what is and is not safe.

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